

The Importance of Electrolytes

The IonCleanse machine can strip the body of essential salts. It is important to understand how these salts work in the body and pay attention to signs that you may be low in salts. I recommend going to Cindy Roberts if you would like a baseline and updates on the status of your electrolytes while you are doing your IonCleanse sessions.

If your electrolytes are too high you may experience: blood agglutination, heat states, hypertension, nervous tension, migraines, high platelets, kidney problems, adrenal stress, high minerals, cardiac stress, excessive plasma, edema, arthritis, colitis, skin disorders hemorrhoids, allergies, vascular disorders, high cholesterol.

If your electrolytes are too low you may experience: anemia, cold states, deficiency stress, hypotension, nervous exhaustion, dull headaches, low platelets, kidney weakness, adrenal fatigue, poor retention of minerals, cardiac weakness, low plasma, chronic fatigue, osteoporosis, anxiety, pituitary, muscle weakness.

Calcium Fluoride-Gives tissues elasticity. It is essential to the walls of the blood vessels, muscular tissue, connective tissue, surface of bones and the enamel of teeth.

Calcium Phosphate- Concerned with nutrition. Without it there could be no blood coagulation. It restores tone to weakened organs and tissues.

Calcium Sulphate-Blood purifier and healer. Found in the liver where it helps remove waste products. Cleans out non functional organic matter in the tissues.

Ferric Phosphate- Is an oxygen carrier. It enters into the composition of hemoglobin. It takes oxygen inhaled by the lungs and carries it to the blood stream. It gives strength and toughness to the cellular walls, especially the arteries.

Potassium Chloride-Bonds with tissue salt and causes fibrin. It is associated with mucous thickening and blood for clotting purposes.

Potassium Phosphate-Is a nerve nutrient. Tissue salt sharpens mental faculties and creates a better disposition.

Potassium Sulphate-Is an oxygen carrier. It aids in the exchange of oxygen from the blood stream to the tissue cells. Beneficial for respiratory.

Magnesium Phosphate-Anti spasmodic. Its main function is the nervous system. Important to muscular tissue for rhythmic and coherent movement. When it is lacking you may experience shooting nerve pain.

Sodium Chloride-It effects every fluid and solid of the body. Helps with the ebb and flow of body fluids. Proper degree of moisture throughout the system. Without it cell division and normal growth would not proceed.

Sodium Phosphate- Is an acid neutralizer. It is the remedy for acid conditions in the blood. It aids the digestive organs and the assimilation of fats and nutrients. If it is low in the system it causes uric acid to effect joints.

Sodium Sulphate-Regulates the density of the inter cellular fluids by eliminating excessive water. It is necessary for the healthy function of the liver. It detoxes poisoned charged fluids and helps in the production and flow of bile.

Silicic oxide- Is a cleanser and eliminatory. It throws off non-functional organic matter and initiates the healing process by promoting the breaking up of pathological accumulations. It is found in the hair, skin, nails and bones.